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## Mellékletek

1. Melléklet: Alapadatok, magyar és angol nyelvtudás, célok és motivációk, távozási motiváció, párkapcsolati státusz és etnikai távolság mérésére szolgáló kérdőív

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Please answer the following questions regarding your personal data:

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|                                   |            |          |                            |
|-----------------------------------|------------|----------|----------------------------|
| <u>1. Gender:</u>                 | male       | female   | other                      |
| <u>2. Age:</u>                    |            |          |                            |
| <u>3. Nationality:</u>            |            |          |                            |
| <u>4. Mother tongue:</u>          |            |          |                            |
| <u>5. Major:</u>                  |            |          |                            |
| <u>6. Currently I'm doing my:</u> | bachelor's | master's | phd                        |
|                                   |            |          | I'm in an undivided system |
|                                   |            |          | other:                     |

7. How long have you been in Hungary? :

|                                                                                                        |                    |           |           |           |                   |
|--------------------------------------------------------------------------------------------------------|--------------------|-----------|-----------|-----------|-------------------|
| <u>8. Overall, how long do you plan on staying in Hungary? (From first arrival to last departure):</u> | Less, than 2 years | 2-4 years | 4-6 years | 6-8 years | More than 8 years |
|--------------------------------------------------------------------------------------------------------|--------------------|-----------|-----------|-----------|-------------------|

9. What is your future plan after finishing university?:

I want to go back to my home country.

I want to go to a different foreign country.

I want to stay in Hungary for a while, but then I want to leave.

I want to stay in Hungary for a long period of time, maybe indefinitely.

I have not decided yet.

10. Have you ever considered dropping out of the University of Debrecen before graduation, and going back to your home country?:

Yes, a lot of times.

Yes, a few times.

Yes, but maybe just once.

No, never.

11. If your previous answer was yes, what are the reasons to why you considered leaving?:

I could not keep up academically.

My studies were uninteresting or too stressful.

I could not make friends here.

I felt homesick and/or I missed my people from my home country.

I found a better opportunity elsewhere.

I could not fit in Hungarian culture and/or get used to living in Debrecen.

I was not satisfied with the education and/or services of the University of Debrecen.

Other:

12. English language proficiency:

I can barely use English 1 2 3 4 5 6 7 I can use English just as a native speaker.

13. Hungarian language proficiency:

I cannot use the Hungarian language at all. 1 2 3 4 5 6 7 I use Hungarian just as a native speaker.

14. Do you study Hungarian?:

Yes, I take obligatory courses.

Yes, by myself.

Yes, through a tutor or a course outside the university.

No.

15. As an international student, how important is it to learn Hungarian:

Not important at all 1 2 3 4 5 6 7 It is extremely important.

16. Are you in a relationship? : yes no

17. If your previous answer was yes, does your partner also yes no

live in Hungary?

18. (Answer this question only if you are in a relationship!) My partner's nationality is...:

...the same as mine.

...Hungarian.

...different than yours but not Hungarian.

19. Do you agree with the following statement?: „My outlook is different from Hungarians’.”

I do not think there is any difference 1 2 3 4 5 6 7 It is completely different.

20. In my opinion my home country is...

...less developed economically than Hungary.

...approximately as developed as Hungary economically.

...more developed economically than Hungary.

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## 2. Melléklet: Fogadókörnyezettel kapcsolatos attitűdöket mérő kérdőív

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In the following questions we would like to ask about your experiences and opinions about Hungary, Hungarian people, Debrecen, and the University of Debrecen. Please choose the answer that describes how much you agree or disagree with each of the following statements:

1-Strongly disagree, 2-Disagree, 3-Somewhat disagree, 4-Neutral, 5-Somewhat agree, 6-Agree, 7-Strongly agree

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1. I have mostly good experiences with Hungary as a country.

2. I think Hungary is a beautiful country.

3. I think Hungary is a well developed country economically.

4. I like the climate of Hungary.

5. I like the culture of Hungary for example the traditions or the food.

6. I am satisfied with the transportation quality in Hungary.
7. I am satisfied with the selection of entertainment facilities in Hungary.
8. I have mostly good experiences with Hungarian people.
9. Generally speaking, Hungarians are very kind and welcoming.
10. Generally speaking, I am satisfied with the English language proficiency of Hungarians.
11. Generally speaking, Hungarians tend to be discriminating and/or racist towards internationals. (N)
12. I have mostly good experiences with Debrecen as a city.
13. I think Debrecen is a beautiful city.
14. I like the atmosphere of Debrecen.
15. I think Debrecen is a perfect place to spend my university years.
16. I am satisfied with the transportation quality in Debrecen.
17. I am satisfied with the selection of entertainment facilities in Debrecen.
18. Debrecen is a very international-friendly city.
19. I have mostly good experiences with my university.
19. The University of Debrecen provides quality education and services.
20. My university is very international-friendly.
21. Generally speaking, I am satisfied with my teachers.
22. I have mostly good experiences with my teachers and others workers in the university.
23. I am happy with my university's education system (e.g. the material, exams, teaching methods etc.).

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*Megjegyzés: N=negatív elem*

### 3. Melléklet: Akkultúráció stressz kérdőssor

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In the following questions we would like to ask how have you been feeling since you have moved to Hungary. Please choose the answer that describes how much you agree or disagree with each of the following statements:

1- Strongly disagree, 2-disagree, 3-neutral, 4-agree, 5-strongly agree

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1. I am treated differently in social situations.
2. I feel that my people are discriminated against.
3. I am denied what I deserve.
4. I feel sad leaving my relatives behind.
5. Homesickness bothers me.
6. I feel sad living in unfamiliar surroundings.
7. People show hatred toward me nonverbally, verbally or through actions.
8. Others are sarcastic toward my cultural value.
9. Other don't appreciate my cultural values.

10. I fear for my personal safety because of my different cultural background.
  11. I generally keep a low profile due to fear.
  12. I feel insecure here.
  13. I feel uncomfortable to adjust to new food.
  14. Multiple pressures are placed on me after migration.
  15. I feel uncomfortable to adjust to new cultural values.
  16. I feel guilty to leave my family and friends behind.
  17. I feel guilty that I am living a different lifestyle here.
  18. I feel guilty for not performing well enough academically.
- 

#### 4. Melléklet: Akkulturációs orientációkat mérő kérdéssor

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The following statements ask about your attitudes towards culture. Please read each statement carefully and respond by using the 5-point scale below. Tick the option that describes how much you agree with each of the following statements about cultural attitudes.

1-not at all, 2-not very, 3-somewhat, 4-fairly, 5-very

---

1. How important is it to you to maintain your ethnic heritage and cultural ways?
2. How important is it to have friends and acquaintances from your own ethnic culture?
3. How important is the Hungarian culture to you?
4. (Answer only if you are NOT from Europe!) How important is the European culture and its values to you?
5. How important is it to have Hungarian friends and acquaintances?
6. How important is the community of the international students to you?
7. How important is it to have international friends and acquaintances?
8. How important is it to you to attend events for your own cultural community in Hungary (e.g. „afro party”, „arabian party”, food day, etc.) ?
9. How important is it to you to get to know different cultures via your international peers?
10. The way I do things and the way I think about things are similar to how people from my own country do it.
11. The way I do things and the way I think about things are similar to how people from Hungary do it.
12. The way I do things and the way I think about things are similar to how other international students do it.
13. The closest people to me here in Hungary are from my country.
14. The closest people to me here in Hungary are not necessarily from my country, but from my ethnic group (e.g. they are also arabs/eastern-europeans/africans/latin-amercians etc.).

15. The closest people to me here in Hungary are Hungarians.
16. The closest people to me here in Hungary are international students from other countries.

Please answer the following question with:

1-almost never, 2- seldom, 3- sometimes, 4- often, 5-almost always

How often do you spend your free time with ...

17. ... your co-nationals (people from your home country)?
18. ...people from your ethnic group but not necessarily from your home country (e.g. they are also arabs/eastern-europeans/africans/latin-amercians etc.)?
19. ... other nationals (e.g. other international students)?
20. ... Hungarians?
- 

### 5. Melléklet: Pszichológiai adaptáció kérdősor

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Think about living in Hungary. Read each statement and select the response that best describes your feelings! Please, use the 7-point scale to indicate in the last 1 month, how often have you felt:

1-never, 2-rarely, 3-sometimes, 4-about half of the times, 5-often, 6-usually, 7-always

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1. excited about being in Hungary.
  2. out of place, like you don't fit into Hungarian culture. (*N*)
  3. a sense of freedom being away from your home country.
  4. sad to be away from your home country. (*N*)
  5. nervous about how to behave in certain situations. (*N*)
  6. lonely without your family and friends from back home around you. (*N*)
  7. curious about things that are different in Hungary.
  8. homesick when you think of your home country. (*N*)
  9. frustrated by difficulties adapting to Hungary. (*N*)
  10. happy with your day to day life in Hungary.
- 

*Megjegyzés: N=negatív elem*

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### 6. Melléklet: Szociokulturális adaptáció kérdősor

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Think about living in Hungary, among Hungarians, other international people or even people from your own homecountry. How easy or difficult is it for you to adapt to different domains of life in Hungary? Please, read each statement carefully and tick the response that best shows how you feel.

1-very difficult , 2-difficult, 3-somewhat difficult, 4-neutral, 5-somewhat easy, 6-easy, 7-very easy

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1. Climate (temperature, rainfall, humidity)
2. Natural environment (plants and animals, pollution, scenery)

3. Social environment (size of the community, pace of life, noise)
  4. Living (hygiene, sleeping practices, how safe you feel)
  5. Practicalities (getting around, using public transport, shopping)
  6. Food and eating (what food is eaten, how food is eaten, time of meals)
  7. Family life (how close family members are, how much time family spend together)
  8. Social norms (how to behave in public, style of clothes, what people think is funny)
  9. Values and beliefs (what people think about religion and politics, what people think is right or wrong)
  10. People (how friendly people are, how stressed or relaxed people are, attitudes toward foreigners)
  11. Friends (making friends, amount of social interaction, what people do to have fun and relax)
  12. Language (learning the language, understanding people, making yourself understood)
- 

#### 7. Melléklet: Kulturális távolságra vonatkozó kérdés

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Taking into account the factors listed above, please indicate, generally how similar or different you find the culture in Hungary compared to the culture in your home country?

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|                |           |                       |                         |             |                     |
|----------------|-----------|-----------------------|-------------------------|-------------|---------------------|
| 1-very similar | 2-similar | 3-somewhat<br>similar | 4-somewhat<br>different | 5-different | 6-very<br>different |
|----------------|-----------|-----------------------|-------------------------|-------------|---------------------|

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#### 8. Melléklet: Izoláció kérdőív

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Please indicate how often each of the statements below is descriptive of you.

1-I never feel this way, 2-I rarely feel this way, 3-I sometimes feel this way, 4-I often feel this way, 5-I always feel this way

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1. I am unhappy doing so many things alone.
2. I have nobody to talk to in Hungary.
3. I feel as if nobody really understands me.
4. There is no one I can turn to with my problems in Hungary.
5. I am no longer close to anyone.
6. I feel left out.
7. My social relationships are superficial.
8. No one really knows me well anymore.
9. It is difficult for me to make friends.
10. Since I came here my personal relationships with the people who I was close to back home started to get weaker.
11. I have nobody to talk to at all.

12. There is no one I can turn to with my problems at all.
  13. People are around me but not with me.
  14. I can only connect deeply to people from my home country.
  15. I feel left out from my friend groups and/or my family from back home.
- 

#### 9. Melléklet: Mentális jóllét kérdőív

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Below are some statements about feelings and thoughts. Please tick the box that best describes your experience of each over the last 2 weeks!

1- None of the time, 2-Rarely, 3-Some of the time, 4-Often, 5-All of the time

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1. I've been feeling optimistic about the future.
  2. I've been feeling useful.
  3. I've been feeling relaxed.
  4. I've been feeling interested in other people.
  5. I've had energy to spare.
  6. I've been dealing with problems well.
  7. I've been thinking clearly.
  8. I've been feeling good about myself.
  9. I've been feeling close to other people.
  10. I've been feeling confident.
  11. I've been able to make up my own mind about things.
  12. I've been feeling loved.
  13. I've been interested in new things.
  14. I've been feeling cheerful.
- 

#### 10. Melléklet: Nemzeti identitás kérdőív

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Think of the national group of your origin (e.g. Chinese, Turkish, French...). Tick the option that describes how much you agree with each of the following statements.

1-strongly disagree, 2-disagree, 3-neutral, 4-agree, 5- strongly agree

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1. I see myself as a [your national group] person.
  2. I feel good about the [your national group].
  3. I'm glad to be [your national group].
  4. My nationality and my culture is an important part of who I am as a person.
  5. Following the traditions of my culture and/or my religion is an important factor of my life.
-

## 11. Melléklet: Kulturális intelligencia kérdőív

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Read each statement and select the response that best describes your capabilities. Select the answer that BEST describes you AS YOU REALLY ARE.

1- Strongly disagree, 2-Disagree, 3-Somewhat disagree, 4-neutral, 5-somewhat agree, 6-Agree, 7-Strongly agree

- 
1. I enjoy interacting with people from different cultures.
  2. I am sure I can deal with the stresses of adjusting to a culture that is new to me.
  3. I know the cultural values and religious beliefs of other cultures.
  4. I know the legal and economic systems of other cultures.
  5. I know the rules (e.g., vocabulary, grammar) of other languages.
  6. I am conscious of the cultural knowledge I use when interacting with people with different cultural backgrounds.
  7. I check the accuracy of my cultural knowledge as I interact with people from different cultures.
  8. I change my verbal behavior (e.g., accent, tone) when a cross-cultural interaction requires it.
  9. I try to use everything I can to communicate with someone with whom I do not have a common language.
  10. I change my non-verbal behavior when a cross-cultural situation requires it.
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## 12. Melléklet: Nyitott kérdés

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Do you have anything in mind, that you think could make the life of International Students in Debrecen better or easier?

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