



Youthpass

YOUTH EXCHANGES

Gréta Marosán

BORN ON **08/10/1997** IN **Berettyóújfalu, Hungary**

PARTICIPATED IN

The more aware – the closer to the Labour Market,

A YOUTH EXCHANGE WITH 65 YOUNG PEOPLE
FROM BULGARIA, CROATIA, ESTONIA, GREECE, HUNGARY, ITALY, LITHUANIA,
POLAND, ROMANIA, SLOVAK REPUBLIC, SLOVENIA, SPAIN, AND TURKEY.

THE PROJECT TOOK PLACE FROM **05/02/2018**
TO **12/02/2018** IN **ATHENS, Greece.**

YOUTH EXCHANGES

In Youth Exchanges supported by Erasmus+, groups of young people from different countries jointly design, prepare and carry out a work programme. It is usually a mix of workshops, debates, role-plays, simulations, outdoor activities. The young people are supported by experienced youth workers and leaders in this. Youth Exchanges allow them to develop competences, become aware of socially relevant topics, discover new cultures, and strengthen values like solidarity, democracy, etc.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.



ANTONIADIS DIMITRIOS

Representative of the organisation

The ID of this certificate is R15F-VUQ7-ZKQP-443F.
If you want to verify the ID, please go to the web site of Youthpass:
<http://www.youthpass.eu/qualitycontrol/>

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+: Youth in Action Programme. For further information, please have a look at <http://www.youthpass.eu>.



Youthpass

With this document we certify that **Gréta Marosán** took part in the Youth Exchange **The more aware – the closer to the Labour Market** organised by **NGO CIVIS PLUS**.

The exchange project was developed and implemented in cooperation with the following partners:

CIVIS PLUS, EMINA, VENNASKOND, PROMYANATA E V TEB, EUFEMIA, A.D.E.L., DRUSTVO ZA RAZVIJANJE PROSTOVOLJNEGA DELA NOVO MESTO, S4YD, IYACA, I LIKE CZERSK, PERPETUUM, LAS NIÑAS DEL TUL, UNIQUE PROJECTS

The aim and the specific objectives of the project were:

The project's ultimate goal is to contribute to enhancing the employability of young people in Europe. It aims to raise awareness on the high unemployment rates, to empower young people to take action against unemployment and to develop their skills in order to increase their employability.

Main activities:

The participants participated in a series of activities relating to youth unemployment. They were familiarized with intervention ways, conducted awareness activities, got to know the labour market demands and gained important soft and digital skills and skills on job search.

The main achievements of the project were the following:

Main project's results:

- Young people better prepared to act against unemployment
- Empowered, with improved skills and increased confidence, more capable of taking conscious decisions about educational and career paths.
- Raised awareness of young people and society on the unemployment issue



ATHENS, GREECE, 06/03/2018

ANTONIADIS DIMITRIOS

Person in charge of the project



The following pages contain the individual information about the participation of **Gréta Marosán** in the Youth Exchange **The more aware – the closer to the Labour Market**.

Task / responsibility of Gréta Marosán:

Facilitating the exchange of views between young people from different countries. Creating a reflection on the youth unemployment and highlighting the importance of the issue. Raising young people's awareness, developing their skills to be more successful in the labor market.

Gréta Marosán developed the following competences during the Youth Exchange.

COMMUNICATION IN MOTHER TONGUE

Understanding others
Listening, speaking, writing and reading
Communicating more efficient
Expressing own opinions, feelings, ideas, needs and facts
Using native language in different life situations

COMMUNICATION IN FOREIGN LANGUAGES

Using different languages in different situations
Being open for others cultures, habits and realities
Developing myself to communicate more exact
Trying to be more self-confident while talking to others
Increasing my vocabulary

MATHEMATICAL COMPETENCE AND BASIC COMPETENCES IN SCIENCE AND TECHNOLOGY

Logic and critical thinking
Looking for data, analysing needs
Presenting facts by models and presentations
Being sensitive towards my environment
Solving problems together

DIGITAL COMPETENCE

The use of Information Technology in my free and working time as means of communication
Producing, storing, analysing information
Sharing information via Internet
Using different media means such as mobile phones, cameras, computers, etc.
Making videos and memes



LEARNING TO LEARN

- To be able to organise and manage my time
- To monitor and evaluate my learning process
- To know how to increase motivation and self-confidence
- To be able to apply achieved competences and experiences in one's personal, professional and social life
- To develop further on already gained experience and competences

SOCIAL AND CIVIC COMPETENCES

- To be able to participate in social, civic and working life
- To be able to deal with people coming from different social and cultural backgrounds
- To be able to cope in a constructive way with conflicts
- To have knowledge, skills and attitudes needed to be active as a citizen
- To participate as much as possible in civic life at local, regional, national, European and global level

SENSE OF INITIATIVE AND ENTREPRENEURSHIP

- To be aware of ethical values and different working contexts
- To take risks
- To be creative and innovative
- To turn ideas into actions
- To plan and manage projects
- To be able to optimally use given opportunities for one's own development

CULTURAL AWARENESS AND EXPRESSION

- To be creative and expressing ideas through music and other ways of art
- To be appreciative for expression of ideas through music, dancing and using memes
- To be aware of one's own cultural context and of that of others

OTHER SPECIFIC SKILLS

- Cooperating with my team
- Learning new things about the participating countries' culture, especially about Greece
- Realizing that the youth unemployment is a worldwide problem
- Getting motivated in empowering others to be more efficient in finding a job



Gréta Marosán

Participant

ATHENS, GREECE, 06/03/2018

REFERENCES

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Further information and original documents on the Key Competences for Lifelong Learning:

http://europa.eu/legislation_summaries/education_training_youth/lifelong_learning/c11090_en.htm

Further information about the Erasmus+: Youth in Action Programme and Youthpass:

<http://ec.europa.eu/youth/programme> and www.youthpass.eu