

Erasmus+ Mobility Agreement

Staff Mobility For Training¹

Planned period of the physical mobility: from 25/08/2025 to 29/08/2025

Duration (days) – excluding travel days:5.....

The Staff Member

Last name (s)	Hajdók	First name (s)	Fruzsina
Seniority ²	Junior	Nationality ³	Slovakian
Sex [M/F/Undefined]	F	Academic year	2024/2025
E-mail	Hajdokf@ceu.edu		

The Sending Institution

Name	Central European University	Faculty/Department	Cognitive /CDC
Erasmus code ⁴ (if applicable)	A WIEN78		
Address	Quellenstrasse 51 A-1100 Vienna	Country/ Country code ⁵	Austria/AT
Contact person name and position	Anna Theis - Erasmus Coordinator Ágnes Melinda Kovács - Head of CDC	Contact person e-mail / phone	Erasmusoutgoing @ceu.edu KovacsAg@ceu.edu +431252307496

The Receiving Institution / Enterprise⁶

Name	University of Copenhagen		
Erasmus code (if applicable)	DK KOBENHA01	Faculty/Department	SAMF/Psychology / Centre for Early Childhood Cognition
Address	Øster Farimagsgade 2A 1353 Copenhagen	Country/ Country code	Denmark/DK
Contact person, name and position	Dora Kampis Ass.Prof	Contact person e-mail / phone	dk@psy.ku.dk +4535333985
Type of enterprise:	University / Research Center	Size of enterprise (if applicable)	☒ <250 employees ☐ >250 employees

For guidelines, please look at the end notes on page 3.

Section to be completed BEFORE THE MOBILITY

I. PROPOSED MOBILITY PROGRAMME

Language of training: ENGLISH.....

Overall objectives of the mobility:

- Exchange knowledge on best practices in the two labs concerning research methods, how to best communicate scientific questions/results to parents and the wider community, how to use social media as a tool for recruitment.
- Gain practical training as a research assistant to enhance skills in conducting experiments using various methodologies.
- Acquire insights into longitudinal studies conducted at the Copenhagen research center and learn novel techniques not currently utilized at the Budapest Babylab, such as non-invasive collection of hormonal data from saliva and dual-functional near-infrared spectroscopy (fNIRS) methods. These can be applied to examine the development of the Self and perspective understanding.

Added value of the mobility (in the context of the modernisation and internationalisation strategies of the institutions involved):

- Strengthen the collaboration between the two centers, exchange best practices in research methods, data collection, and result communication.
- Exchange knowledge on state-of-the-art methods of data collection involving various techniques to improve research quality and innovation.
- Improve strategies for research dissemination by exchanging insights on engaging the wider community, including parents, educators, kindergartens, and museums, as well as using social media to increase outreach and participant recruitment.
- Contribute to the internationalisation goals of both institutions by promoting interdisciplinary cooperation, fostering potential future joint projects, and expanding networks for collaborative research.
- Enhance research capacity by incorporating innovative methodologies and outreach strategies into existing practices, ultimately contributing to the global academic impact of both institutions.

Activities to be carried out (including the virtual component, if applicable):

As part of this mobility, I will actively engage in various lab activities. Since my participation will be adjusted to the daily schedule of the Copenhagen research center, the exact timing of each task cannot be said, but I will be involved in the following:

- Introduction to the Copenhagen research center, its research focus, and ongoing projects.
- Job shadowing of the lab manager, interns, research assistants, and researchers to understand lab operation, ongoing projects and task allocation.

• Assisting in studies involving various research methods. I aim to discuss how these methods can be applied to different research questions, their added value, and their limitations. I would like to learn about past and current studies that utilize these methods, with a particular emphasis on those techniques that are not used in Budapest.

- Electroencephalography (EEG), Functional Near-Infrared Spectroscopy (fNIRS), Eye-Tracking, Behavioural Studies, Hormonal Sample Collection
- Exploring participant recruitment strategies, including collaborations with kindergartens, schools, museums.
- Learning about the use of social media for recruitment.
- Participating and presenting at the lab meeting or other sessions, if applicable.

Expected outcomes and impact (e.g. on the professional development of the staff member and on both institutions):

- Strengthening my skills as a research assistant, including conducting test sessions, handling various research methods, and improving communication with parents .
- Gaining insight into Copenhagen Lab ´s approaches and best practices for participant recruitment and data collection. These insights can contribute to the reevaluation and possible improvement of recruitment in my home institution.
- Learning effective ways to communicate research findings to the wider community, including parents, educators, and the public, while strengthening collaborations with key stakeholders such as kindergartens, educational centers, NGOs, and museums.
- Expanding my professional network, gaining exposure to new methodologies, and enhancing my ability to contribute to interdisciplinary research projects in the future.
- Strengthening the collaboration between the two institutions sharing best practices, integrating innovative methodologies, and ultimately advancing the research capabilities of both centers.

II. COMMITMENT OF THE THREE PARTIES

By signing⁷ this document, the staff member, the sending institution and the receiving institution/enterprise confirm that they approve the proposed mobility agreement.

The sending higher education institution supports the staff mobility as part of its modernisation and internationalisation strategy and will recognise it as a component in any evaluation or assessment of the staff member.

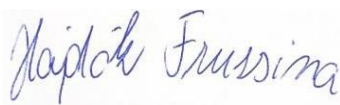
The staff member will share his/her experience, in particular its impact on his/her professional development and on the sending higher education institution, as a source of inspiration to others.

The staff member and the beneficiary institution commit to the requirements set out in the grant agreement signed between them.

The staff member and the receiving institution/enterprise will communicate to the sending institution any problems or changes regarding the proposed mobility programme or mobility period.

The staff member

Name: Fruzsina Hajdók

Signature: 

Date: 27.02.2025.

The sending institution/enterprise

Name of the responsible person:

Signature: 

Date: 27.02.2025

The receiving institution

Name of the responsible person: Dora Kampis

Signature: 

Date: 26.02.2025

¹ In case the mobility combines teaching and training activities, **the mobility agreement for teaching template** should be used and adjusted to fit both activity types.

² **Seniority:** Junior (approx. < 10 years of experience), Intermediate (approx. > 10 and < 20 years of experience) or Senior (approx. > 20 years of experience).

³ **Nationality:** Country to which the person belongs administratively and that issues the ID card and/or passport.

⁴ **Erasmus code:** A unique identifier that every higher education institution that has been awarded with the Erasmus Charter for Higher Education receives.. It is only applicable to higher education institutions located in EU Member States and third countries associated to the programme.

⁵ **Country code:** ISO 3166-2 country codes available at: <https://www.iso.org/obp/ui/#search>.

⁶ All references to "**enterprise**" are only applicable to mobility for staff between EU Member States and third countries associated to the programme or within Capacity Building projects.

⁷ Circulating papers with original signatures is not compulsory. Scanned copies of signatures or electronic signatures may be accepted, depending on the national legislation of the country of the sending institution (in the case of mobility with third countries not associated to the programme: the national legislation of the EU Member State or third country associated to the programme). Certificates of attendance can be provided electronically or through any other means accessible to the staff member and the sending institution.